

Ken's Story...Every Man A Warrior

A year ago, our small group decided to split into gender specific groups and to meet on a weekly, instead of a monthly basis. Our men's group chose and worked through the "*Every Man a Warrior*" material published by The Navigators.

The first book of the materials teaches men discipleship skills including how to have a quiet time and how to meditate on scripture. It also requires memorization of key scripture passages. Prior to this study, my devotional times were *haphazard at best*, and I struggled to connect deeply with the Word and to remember what I had just read a few hours later.

Since incorporating the EMAW techniques, my quiet times have become much more regular, meaningful, and memorable. Getting to spend time every morning with Jesus and the Word has become a cherished part of my day. I've also been amazed at how often the memorized scripture passages come to mind during the course of a day. When something bad or unexpected happens, *James 1:2-4* or *Philippians 4:6-7* comes to mind almost immediately.

With that foundation set, books two and three provide practical insight on marriage, raising children and a number of other issues that I as a man face. The course has taught me how to better connect and deepen relationships with the family God has blessed me with. It's made me more loving towards my wife and more patient with my kids - although there's still a lot of room for improvement!

Beyond the material, one of the other blessings from the past year was the ways in which our group of guys connected and became close friends during the year. We have started new EMAW groups this year and look forward to having many men in our church become Warriors.

~Ken

If you're interested in knowing more about becoming a Warrior, or other men's groups, contact Paul.Daly@elmhurstcrc.org, or ph: 630.600.5074.