

Personal Action Plan

1. My goal is to read The E100 passages over the next:

- 100 Days
- 20 Weeks
- 1 year
- 2 years

Other: _____

2. My plan is to take _____ (minutes) to read the Bible and pray...

- In the Morning
- During my Lunch Break
- In the Evening/Before Bed
- At the Weekend

Other: _____

3. To help me keep going, I will read The E100 with my:

- Small Group
- Sunday School
- Friend(s): _____

Family: _____

Other: _____

Steps on the journey

PRAY: before you read, asking God to help you understand.

READ: the Bible passage for the day, perhaps more than once.

REFLECT: on the passage. Write your thoughts in a journal.

APPLY: what God teaches you from His Word to your life.

PRAY: again, asking God to help you live out His Word.

About the challenge

The E100 Bible Reading Challenge is a new exciting way to read through the Bible. The Challenge is based on carefully selected short Bible passages — 50 from the Old Testament and 50 from the New Testament — that helps you get the big picture of the Bible without getting bogged down.

To take The E100 Bible Reading Challenge, follow these simple steps:

1. Find a Bible translation that is easy for you to understand.
2. Set aside a special time and place to read the Bible each day.
3. Use this Track Your Progress Card.
4. Take the E100 Bible Reading Challenge!

Help with the journey

Essential 100 is your companion for The E100 Bible Reading Challenge. It takes you through the 100 Old and New Testament passages — so you'll see how all the major Bible themes fit together. Written in a warm & engaging style, it provides life-related explanation for all 100 passages, plus application questions, prayer help and more.



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BIBLE READING CHALLENGE



biblefresh

It could change your world

Old Testament

IN THE BEGINNING

1	Creation	Genesis 1:1–2:25
2	The Fall	Genesis 3:1–3:24
3	The Flood	Genesis 6:5–7:24
4	God's Covenant with Noah	Genesis 8:1–9:17
5	Tower of Babel	Genesis 11:1–11:9

THE JUDGES

26	Israel's Disobedience	Judges 2:6–3:6
27	Deborah Leads Israel	Judges 4:1–5:31
28	Gideon Defeats the Midianites	Judges 6:1–7:25
29	Sampson Defeats the Philistines	Judges 13:1–16:31
30	The Story of Ruth	Ruth 1:1–4:22

ABRAHAM, ISAAC AND JACOB

6	The Call of Abraham	Genesis 12:1–12:20
7	God's Covenant with Abraham	Genesis 15:1–15:21
8	Isaac's Birth and Sacrifice	Genesis 21:1–22:19
9	Jacob and Esau Complete	Genesis 27:1–28:22
10	Jacob and Esau Reconcile	Genesis 32:1–33:20

THE STORY OF JOSEPH

11	Sold into Slavery	Genesis 37:1–37:36
12	Prison and Promotion	Genesis 39:1–41:57
13	Ten Brothers go to Egypt	Genesis 42:1–42:38
14	The Brothers Return	Genesis 43:1–44:34
15	Joseph Reveals His Identity	Genesis 45:1–46:7

MOSES AND THE EXODUS

16	Birth of Moses	Exodus 1:1–2:25
17	The Burning Bush	Exodus 3:1–4:17
18	The Ten Plagues	Exodus 6:28–11:10
19	Passover and Exodus	Exodus 12:1–12:42
20	Crossing the Red Sea	Exodus 13:17–14:31

THE LAW AND THE LAND

21	The Ten Commandments	Exodus 19:1–20:21
22	The Golden Calf	Exodus 32:1–34:35
23	Joshua Succeeds Moses	Joshua 1:1–1:18
24	Crossing the Jordan	Joshua 3:1–4:24
25	The Fall of Jericho	Joshua 5:13–6:27

THE RISE OF ISRAEL

31	Samuel Listens to God	1 Samuel 1:1–3:21
32	King Saul	1 Samuel 8:1–10:27
33	David and Goliath	1 Samuel 16:1–18:16
34	David and Saul	1 Samuel 23:7–24:22
35	King David	2 Samuel 5:1–7:29

THE FALL OF ISRAEL

36	David and Bathsheba	2 Samuel 11:1–12:25
37	King Solomon	1 Kings 2:1–3:28
38	Solomon's Temple	1 Kings 8:1–9:9
39	Elijah and the Prophets of Baal	1 Kings 16:29–19:18
40	The Fall of Jerusalem	2 Kings 25:1–25:30

PSALMS AND PROVERBS

41	The Lord is My Shepherd	Psalms 23:1–23:6
42	Have Mercy on Me	Psalms 51:1–5:19
43	Praise the Lord	Psalms 103:1–103:22
44	Godly Wisdom	Proverbs 1:1–4:27
45	Proverbs of Solomon	Proverbs 16:1–18:24

THE PROPHETS

46	The Suffering Servant	Isaiah 51:1–53:12
47	Jeremiah's Call and Message	Jeremiah 1:1–3:5
48	Daniel in the Lion's Den	Daniel 6:1–6:28
49	The Story of Jonah	Jonah 1:1–4:11
50	The Day of Judgment	Malachi 1:1–4:6

New Testament

IN THE BEGINNING

51	The Word Became Flesh	John 1:1–1:18
52	Colin's Message	Luke 1:1–1:80
53	The Birth of Jesus	Luke 2:1–2:40
54	John the Baptist	Luke 3:1–3:20
55	Baptism and Temptation	Matthew 3:13–4:17

THE TEACHING OF JESUS

56	Sermon on the Mount – Part 1	Matthew 5:1–6:4
57	Sermon on the Mount – Part 2	Matthew 6:5–7:29
58	The Kingdom of Heaven	Matthew 13:1–13:58
59	The Good Samaritan	Luke 10:25–10:37
60	Lost and Found	Luke 15:1–15:32

THE MIRACLES OF JESUS

61	Feeding the Five Thousand	Luke 9:1–9:36
62	Walking on Water	Matthew 14:22–14:36
63	Healing the Blind Man	John 9:1–9:41
64	Healing a Demon Possessed Man	Mark 5:1–20
65	Raising Lazarus from the Dead	John 11:1–11:57

THE CROSS OF CHRIST

66	The Last Supper	Luke 22:1–22:46
67	Arrest and Trial	John 18:1–18:40
68	The Crucifixion	John 19:1–19:42
69	The Resurrection	John 20:1–21:25
70	The Ascension	Acts 1:1–1:11

THE CHURCH IS BORN

71	The Day of Pentecost	Acts 2:1–2:47
72	Growth and Persecution	Acts 3:1–4:37
73	The First Martyr	Acts 6:8–8:8
74	Sharing the Word	Acts 8:26–8:40
75	Good News for All	Acts 10:1–11:18

THE TRAVELS OF PAUL

76	The Road to Damascus	Acts 9:1–9:31
77	The First Missionary Journey	Acts 13:1–14:28
78	The Council at Jerusalem	Acts 15:1–15:41
79	More Missionary Journeys	Acts 16:1–20:38
80	The Trip to Rome	Acts 25:1–28:31

PAUL TO THE CHURCHES

81	More than Conquerors	Romans 8:1–8:39
82	The Fruit of the Spirit	Galatians 5:16–6:10
83	The Armour of God	Ephesians 6:10–6:20
84	Rejoice in the Lord	Philippians 4:2–4:9
85	The Supremacy of Christ	Colossians 1:1–1:23

PAUL TO THE LEADERS

86	Elders and Deacons	1 Timothy 3:1–3:16
87	The Love of Money	1 Timothy 6:3–6:21
88	Good Soldiers of Christ	2 Timothy 2:1–2:26
89	All Scripture is God-breathed	2 Timothy 3:10–4:8
90	The Coming of the Lord	1 Thessalonians 4:13–5:11

THE APOSTLES' TEACHING

91	The Most Excellent Way	1 Corinthians 13:1–13:13
92	A New Creation in Christ	2 Corinthians 4:1–6:2
93	A Living Hope	1 Peter 1:1–2:12
94	Faith and Works	James 1:1–2:26
95	Love One Another	1 John 3:11–4:21

THE REVELATION

96	A Voice and a Vision	Revelation 1:1–1:20
97	Messages to the Churches	Revelation 2:1–3:22
98	The Throne of Heaven	Revelation 4:1–7:17
99	Hallelujah!	Revelation 19:1–20:15
100	The New Jerusalem	Revelation 21:1–22:21

If you prefer to access your E100 Bible Reading Challenge through an app on your mobile device, go to: <https://www.bible.com/reading-plans/25-the-essential-100> or search YouVersion Bible in the app store and find the E100 Bible Reading Challenge in the app.

elmhurstc.org/100days