

MOPS Schedule

2016-2017

September 20- Michelle Stamm "Family Time"

October 4- Kourtney Stanis "Developing Deep Community"

October 18- Jenny Zabrocki "Motherhood Guilt"

November 1- Lorna Samatas

November 15- Jill Richardson "All Stressed Out and No Place To Go"

December 6- Holiday Celebration

January 17- Alice Tegtmeyer "Style, Sanity & Spirituality"

February 7- Matt Davidson "Raising Boys"

February 21- Megan Mackinnon "Reading Your Child's Temperament"

March 7- Wellness Day

March 21- Tracey Bianchi "True You: Moving Beyond Self Doubt and Using Your Inner Voice"

April 4- Liz Lassa "What Makes You Tick?"

April 18- Spring Brunch

*Our meetings are held in the Garden Room 9:00-11:00. Childcare is provided for ages 0-3. Little Lambs is offered to children ages 3-kindergarten. Please contact us for more information. crudman@mac.com or jilltigs@gmail.com